## CALNE HEALTH AND SOCIAL CARE FORUM MEETING HELD ON TUESDAY 17<sup>th</sup> OCTOBER 2017 AT JAMES HOUSE, CALNE

## PRESENT:

David Evans (DE) Chair Carmen Barrett (CB) Chris McKenna (KM) Diane Jenkins (DJ) Emma Downie (ED) Freda Ackroyd (FA) Gill Kosmyryk (GK) Helen Shakespeare (HS) Jane Vaughan (JV) Louise Clapton (LC) Pam Sharratt (PS) Rachel Churchman (RC) Sally Hanham (SH) Stacy Gibbs (SG) Stephen Ryan (SR) Zoe Ovens (ZO)

Age UK Wiltshire Trustee Minute Secretary AWP Mental Health Partnership Alzheimer's Society Swan Advocacy Secretary, Calne Memory Club Co-ordinator, Calne Day Centre Senior Occupational Therapist, Calne Community Calne Community Engagement Manager, Wiltshire Council Community Engagement Manager, Dorothy House Chairperson, Chippenham H & SC Forum Physiotherapist n- Calne Community Team Calne Corsham and Box Adult Care Team Manager Care Co-ordinator – Beversbrook G P Practice Independent Living Worker – Alzheimer's Society. Acting Manager - Calne Adult Care

1	Welcome, Apologies & Introductions
	David welcomed all those present and introductions were made. Apologies had been received
	from Andrew Day, Annalise Freegard, Carolyn Beale, Diane Gooch, Elaine Crabbe,
	Notes from the last meeting
	The Notes from the last meeting were agreed as correct.
2	Matters Arising
	There were no matters arising.
3	Living Wall Plana Swan Advagaav
3	Living Well Plans – Swan Advocacy ED stated that this new initiative is National Lottery funded. The Living Well Plan is a useful
	document of what is important to the person and can be up to 17 pages created with people
	who may need advocacy. It is completely personal and includes past experiences, current
	needs, routines and future wishes (end of life wishes, living wills, care, etc). It takes around 6 to
	7 visits to complete and is confidential. Patients can choose to share with their family, carers,
	doctors, etc. The document can be reviewed and amended every six months. The service is
	self-referred and covers Wiltshire, BaNES and Somerset.
	<b>RC</b> said that it would be useful for carers to know that a plan was in place, even if they did not
	know the content.
4	Side By Side – Alzheimer's Society Health Service
	<b>DJ</b> spoke about a national new service funded by the Alzheimer's Society for those with a
	dementia diagnosis. Side by Side the following outcomes:
	<ul> <li>Matching volunteers with service users with similar interests and backgrounds for</li> </ul>
	community engagement with trips out every week or occasionally as requested.
	<ul> <li>Confidence building especially for those who have just lost their driving licence.</li> </ul>
	Referrals from patients/family or medical, but must have diagnosis.
	<ul> <li>Volunteers are DBS checked, well trained and have their expenses paid.</li> </ul>
	Risk assessments are completed.
	There are currently 14 volunteers and 30 service users. Can take up to 60 volunteers. 7 days a
	week service. There is single sheet questionnaire to get good matches.

5	<ul> <li>Support for those living alone with dementia – Alzheimer's Society</li> <li>SR explained that clients must fulfil all three criteria: <ol> <li>Live in Wiltshire, 2. Live alone, 3. Have had a dementia diagnosis.</li> </ol> </li> <li>SR's role is in helping people to reconnect with the community, which varies greatly according to individual need. It may include for example, ensuring that the home is safe and suitable, helping someone join a cycling club, gym or interest club. SR is also able to refer to others when necessary. He is currently supporting 25 people mainly based in Chippenham and Salisbury.</li> </ul>
6	<b>Calne Health and Wellbeing Group update – Jane Vaughan</b> JV reported that the Calne Area Board meet every 6 weeks and the Forum feeds in to the Area Board meeting and makes the link to Wiltshire Council. The Area Board can offer funding and within the last year, the Fitness and Friendship group received start-up funding. It is currently running at Beversbrook Community building and it will move to Marden House Centre in January to give improved access. A self-help community group called Open Minds meets weekly in the Hub which offers support to people for people with mental health issues or lonely.
	<b>Calne Fitness and Friendship Club – Age UK Wiltshire</b> Elaine Crabbe was unable to attend, but had sent a short note with the Agenda for this meeting. The Club is now self-funding organised by Age UK Wiltshire.
	<b>Singing for the Brain</b> JV reported that the Dementia Alliance are still looking for a leader and a venue.
	<b>Men's Shed</b> JV reported that 10 men came to the first meeting and have taken control of the group, setting up in premises on the Portemarsh Estate, next to the Repair Academy, giving the opportunity for inter-generational communication and socialising, with both groups benefitting. There is a Men's Shed national website.
	Adult Social Care Transformation Vision JV and ZO reported that this is a huge project with input from all areas, covering every aspect of how the service is run, including access. The report is not likely to be available before spring 2018.
	<b>Calne Older People and Carers Champions</b> JV reported that the Older Persons Tea Party on 4 <sup>th</sup> October had been a great success, attended by 30-50 older people and students from Springfield acted as hosts. There were many information stands of relevant groups. The Calne Area Board paid for transport costs. Another similar tea party was requested and it will be held before Christmas .(Now 13Dec17).
7	Wiltshire Health and Care Update SH reported that the recent CQC report for the service was 'Good' but was 'Outstanding' for Care service. There have been some management changes and the Calne, Corsham and Box areas are a single team and Chippenham a separate team. The service is concentrates on rehabilitation and support for the first 10 days after people leave hospital. Patients are referred depending on need. Recruitment is good with lots of work and building a positive team. The team have held a day developing the Frailty Strategy.
8	Calne Demonstrator Site – integration team for Health & Social Care update Next meeting will be held on 16 <sup>th</sup> .November
9	Local Health and Social Care initiatives
	<b>Calne Memory Club</b> <b>FA</b> reported that the club meets every other Friday from 10 to 12 at Marden House Centre and is a social club for older people living with dementia and their carers or memory loss.

10	<ul> <li>DE and JV reported on behalf of DG that there are 12 organisational members of the Alliance. There will be a Dementia Friends' session on October 18th at 5pm in the Hub/Library, followed at 6.30pm by the next Alliance meeting. The Alliance is encouraging hairdressers and cafes to become members. The Alzheimer's Society website is complicated to register as an Alliance member, so forms have been sent out to interested parties, so that the processes can be managed offline until the website issues are resolved.</li> <li>Any Other Health and Social Care Issues and Information Sharing</li> </ul>
	<b>International Volunteer Day</b> is on 5 <sup>th</sup> December. Calne Our Place and others would like groups to have stalls with information to draw in members of the public to the event.
	<b>PS</b> reported that all Chippenham GPs are working together to set up Leg Clubs, with meetings twice a week for sufferers of leg ulcers and includes a toenail cutting se ice. <b>JV</b> was interested if a Leg Club could be established in Calne. <b>PS</b> said that the premises must be suitable for changing dressings.
	Avon and Wiltshire Mental Health Partnership CGC report CM reported that the CCG report conclusion was 'needs improvement' and explained that this related mostly to Bristol Children's Mental Health Service with Community Services rated as 'good'. The Mental Health Partnership is currently fully staffed, but there is a national and international shortage of mental health professionals. While the population in Wiltshire has grown, funding has not. New housing is changing the dynamic of the population. The Partnership have a military veteran's team dealing the military referrals. JK is still getting referrals, mostly word of mouth. Now almost full, but many have transport issues.
	After discussion about concerns about <b>Calne Community Transport</b> , <b>DE</b> was asked to invite a representative to the next Forum meeting.
	<b>DE</b> reported that the Cherhill Day Centre Co-ordinator had sadly died recently and the deputy Co-ordinator has been appointed to replace her.
	<b>DE</b> reported that Age UK Wiltshire's befriending service will be changing partly because of reduced funding and will concentrate on client wellbeing. Existing clients will continue to receive the current befriending service.
	<b>PS</b> reported that a Chippenham GP practice are working with Age UK Wiltshire providing a 'Living Well' service.
	<b>JV</b> asked if there was anything to take back to the Area Board. She also asked if there was overlap in the services and if some patients may be getting support from different organisation, while others missed out. This prompted lively discussion and led ZO to state the there is a bewildering array of services who all need to be aware of what the others are doing. <b>SG</b> said that as Care co-ordinator at a GP practice she should be first contact, but she often finds that a patient has signed up for several different services, without knowing what they are. Her advice for carers or volunteers faced with a patient in crisis is to get them to phone their GP practice and ask for the Care coordinator, who will be able to refer on if necessary. Care co-ordinators have mental health training, but this must not allow them to become so confident that they stop referring forward.